# INFORMATION UPDATE AGENCY BRIEFS (April 22, 2004)

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## PLEASE NOTE THE FOLLOWING CHANGES IN UPCOMING INFO UPDATES:

MAY - THURSDAY, MAY 27, 1:00 P.M. (Due to All American Week activities) JUNE - NO MEETING JULY - WEDNESDAY, JULY 28, 9:00 A.M.

- 1. Army Community Service Cathy Mansfield, (910) 396-8160
  E-Mail: <a href="mailto:http://www.mansfielca@bragg.army.mil/">http://www.mansfielca@bragg.army.mil/</a>
  Web Site: <a href="mailto:http://www.bragg.army.mil/mwr/COMMUNITY/ACS/Default.htm">http://www.bragg.army.mil/mwr/COMMUNITY/ACS/Default.htm</a>
- a. Employment Readiness Program Cherry Thompson, (910) 396-1425/2390 E-Mail: <a href="mailto:thompsonc@bragg.army.mil">thompsonc@bragg.army.mil</a>
  Web Site: <a href="mailto:http://www.bragg.army.mil/mwr/COMMUNITY/emplred.htm">http://www.bragg.army.mil/mwr/COMMUNITY/emplred.htm</a>
  - 1) Upcoming Events.
- **a. Employment Orientation.** May 4, 9:00 a.m. 12:00 p.m. in the Community Center Town Hall.
- **b. Career Direction.** May 18, 10:00 a.m. 12:00 p.m. in the Community Center, Wing A
- **c.** Employment Tools. May 19, 10:00 a.m. 12:00 p.m. in the Community Center Wing A
- **d. Face to Face, The Interview.** May 20, 10:00 a.m. 12:00 p.m. in the Community Center Wing A
- e. Job Search Strategies. May 21, 10:00 a.m. 11:00 a.m. at the Community Center Wing A
- 2) The Cumberland County Transition Services Program. The Cumberland County Transition Services Program is for eligible military spouses and civilian Department of Defense Employees.

The Cumberland County Workforce Development Center (WDC) in cooperation with:

Cumberland County Board of Commissioners

- Cumberland County Workforce Development Board
- Fort Bragg Military Installation
- Pope Air Force Base
- Fayetteville Technical Community College
- Employment Security Commission
- Town of Spring Lake

Offers a new program to assist military spouses and civilian Department of Defense employees of Fort Bragg and Pope Air Force Base, who have lost their jobs due to a military transfer or reduction in forces. This special program will provide re-employment services to 950 customers during the period beginning March 1, 2004 through February 2006.

## **Eligibility Criteria**

## Military Spouses:

- Must have been gainfully employed prior to transfer to the Cumberland County region; and
- Must now be unemployed due to the military member's transfer.

## Civilian Personnel:

- Must have been laid off due to a reduction in force (RIF); and
- Must be currently unemployed.

## <u>Displaced Homemaker</u>

- Must be an individual who has been providing unpaid services to family members in the home; and
- Has been dependent on the income of a military family member, but is no longer supported by the income; and
- Is unemployed or underemployed and experiencing difficulty in obtaining or upgrading employment.

#### **Program Services**

- Core and Intensive Services
- Occupational Skill Training
- On-The-Job Training
- Tuition Assistance
- Transportation Assistance
- Child Care and Other Dependent Care
- Resume Writing
- Job Search and Referrals

**Marketing Strategy.** Our marketing strategy already being developed includes utilizing the following:

- Local and Post / Base Newspapers
- Radio

- TV / Public Service Announcements
- Brochures
- Posters
- Post / Base Events and Meetings
- Sponsored Events
- "New Comers" Orientation
- Information Fairs / Job Fairs

#### Location

The Spring Lake Family Resource Center 103 Laketree Blvd. Spring Lake, NC 28390

#### Contacts:

Patrick S. Hurley, Director Workforce Development Center (910) 323-3421 Extension 121

Geneva Mixon, Employment & Training Case Manager Workforce Development Center, (910) 321-6442

b. Exceptional Family Member Program – Trisha Thurston, (910) 396-2749

E-Mail: thurstontm@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS\_exceptional.htm

**EFM Support Group.** This is an opportunity to meet other military families with Exceptional Family Members and discuss concerns/issues that you are experiencing or have experienced.

c. Financial Readiness Program - Martha Brown, (910) 396-2507/8682

E-Mail: brownms@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS\_financial\_readiness\_program.htm

1) Debt Liquidation Program. Army Community Service (ACS) has started a debt liquidation program. It is free and open to military and Department of Defense ID cardholders. Services include the following:

Budget Counseling Credit Counseling Debt Counseling

2) Investment Counseling. ACS already provides Investment Counseling through a class on the Uniform Thrift Savings Plan and Educational Programs through Personal Financial Management Training. To access these services, call ACS for an introductory packet. It contains a debt liquidation checklist of information needed at the initial

counseling session. For information, call (910) 396-2507 or log on to <a href="https://www.fortbraggmwr.com">www.fortbraggmwr.com</a>

- **3)** Refresher Checkbook Class. Worried about your finances? With the Financial Readiness Program Refresher Checkbook class, you will learn:
  - Different types of checking accounts.
  - The importance of having a checking account.
  - Writing a check
  - Balancing your checkbook
  - Avoiding non-sufficient funds
  - Military and civilian consequences
  - And, much more!!!

Next class is May 19 in the Family Advocacy Building at the Community Center from 9:30 a.m. to 11:30 a.m. To register, please call ACS at (910) 396-8682/8683. Spouses welcome!!!!!!!

- **4)** Personal Financial Management Training. Worried about your personal finances? With the Financial Readiness Program Personal Financial Management Training, you will learn:
  - Principles of personal finance
  - Planning and budgeting
  - Banking and checking accounts
  - Using credit wisely
  - Insurance
  - Savings and investing
  - Large purchases
  - Consumer scams and getting help
  - And, much more!!!

Next classes are May 11 and 25 in the Family Advocacy Building at the Community Center from 8:00 a.m. to 5:00 p.m. To register, please call ACS at (910) 396-8682/8683. Spouses welcome!!!!!!!

d. Family Advocacy and New Parent Support Programs – Henry Berry, (910) 396-5521/4175

E-Mail: berryh@bragg.army.mil

Web Site: http://www.bragg.army.mil/dv/

<u>Parenting 1, 2, 3 and 4 Year Olds</u>. May 6, 13, 20, 9:00 a.m. – 11:00 a.m. in the Family Advocacy Program (FAP) Conference Room at the Community Center, Building #1-3774.

Parenting 5 – 12 Year Olds. May 6, 13, 20, 12:00 noon – 3:00 p.m. in the FAP Conference Room.

Active Parenting of Teens. May 3, 10, 17, 11:00 a.m. – 2:00 p.m. in the FAP Conference Room.

<u>Parents, Children & Divorce</u>. May 18, 9:00 a.m. – 12:00 noon in the FAP Conference Room. Participants must pick up a parenting booklet prior to class and must complete booklet prior to attending class.

<u>Couples Communication Class.</u> May 4, 9:00 a.m. – 4:00 p.m. in the FAP Conference Room.

Stress Management. May 25, 1:00 p.m. – 3:00 p.m., FAP Conference Room.

Anger Control. May 27, 1:00 p.m. – 3:00 p.m.; FAP Conference Room.

- 2) New Parent Support Program Frances C. Gray (910) 396-7951 E-Mail: grayfrs@bragg.army.mil
- **a. Home Visitation.** Our professional staff provides supportive and caring services to military families with children from birth to six years of age. They can talk about your concerns as a parent or parent-to-be, help you learn to cope with stress, isolation, post deployment reunions and the everyday demands of parenthood in the privacy of your home.
- **b. Play-morning.** Interactive play group for parents and children. Activities are structured. Free to military. The only requirements your child's immunization record(s). Mondays (except the 1st Monday) from 10:00 a.m. 11:30 a.m., at the Watters Center.
- **c.** Infant Care & Parenting Class. May 18, 20, 25, 27; Series of four classes 3:00 p.m. 5:00 p.m. in the FAP Conference Room.
- e. Installation Volunteer Services Cathy Mansfield, (910) 396-8160
  E-Mail: mansfielca@bragg.army.mil
  Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/VS/VS Default.htm
  - 1) Installation Volunteer Coordinator.
- a. Database Update. If you did not receive a flyer in the mail for National Volunteer Week, your information in our database is likely incorrect. Approximately 200+ mailings were returned due to delivery problems. If you didn't receive a flyer, please stop by, give us a call, or email us at <a href="mailto:ivcoffice@bragg.army.mil">ivcoffice@bragg.army.mil</a> to update your information.
- **b. Volunteer Hours Submission.** You may e-mail your volunteer hours each month. Send to: <a href="mailto:ivcoffice@bragg.army.mil">ivcoffice@bragg.army.mil</a>. Please include your name, organization, dates and total number of hours for that month.

- c. Iron Mike Nominations. Nominations for April June 2004 are due by close of business on Friday, July 2 NO EXCEPTIONS! Please ensure that registration/hour documentation information is on file in the IVC office and that the paperwork is complete (i.e. proper signatures) PRIOR to submission. A reminder that the nomination write-up MUST reflect contributions during the particular time period for the award (April June).
- 1) "How to Write an Effective Award Nomination" will be offered on Thursday, June 3, 12:30 p.m. until 2:00 p.m. in the Community Center Town Hall. Special emphasis will be on the Iron Mike Award and its requirements.
- d Military Spouse Day Conference. REGISTRATION DEADLINE EXTENDED THRU APRIL 30!! Scheduled for Friday, May 7, 9:00 a.m. 4:15 p.m., at the Special Operations Academic Facility. CHILD CARE IS FULL!! Registration forms (download only) are available on the website (listed above) or at the Installation Volunteer Services office. Cost is \$10 and includes lunch and conference goodies.
- 1) FREE REGISTRATION FOR E-4 AND BELOW SPOUSES. The National Military Family Association has generously offered 25 scholarships for younger enlisted spouses to attend the Military Spouse Day Conference. Spouses must pre-register and must bring their ID when turning in their forms. Spaces will be available until filled.
- **e.** Volunteers Needed. Pine Forest Middle School is in need of 29 volunteers to proctor the North Carolina End-of-Grade Test. This is a state test and it mandates that we have individuals serve as proctors in each classroom where the test is administered. The role of the proctor is to be observant and monitor the classroom for test security so that the test is given in a fair manner (teacher's not helping students/students not sharing responses). The test dates are Tuesday Thursday May 11 13 from 8:00 until approximately 12:00 p.m. Please contact Kathy Brown, Assistant Principal, (910) 488-2711 for more information or if you'd like to volunteer.
  - 2) Army Family Team Building— Sandi Farrington (910) 396-AFTB (2382) E-Mail: <a href="mailto:farringtonsa@bragg.army.mil">farringtonsa@bragg.army.mil</a>
    Web Site: <a href="http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFTB.htm">http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFTB.htm</a>

Army Family Team Building is having a busy month of May. Come and join the FUN!!!!

**a. Classes.** May AFTB classes:

Level I	May 20 and 22 (Thursday and Saturday)	8:30 a.m. – 4:30 p.m.
Level II	May 4 – 6 (Tuesday thru Thursday)	8:30 a.m. – 2:30 p.m.
Level III	May 24 -26 (Monday thru Wednesday)	8:30 a.m. – 2:30 p.m.

b. FUN, FUN. Classes are fun, free and open to everyone. They are held in the AFTB classroom located in the IVS office in the Community Center at the corner of Knox and Randolph St. Limited childcare is offered on a first come, first serve basis. To register for classes and childcare, please call (910) 396-AFTB (2382) or (910) 396-7110 or e-mail us at <a href="mailto:farringtonsa@bragg.army.mil">farringtonsa@bragg.army.mil</a>. Additional classes are added as needed.

3) Army Family Action Plan

E-Mail: nelsonbp@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFAP/afap.htm

a. Army Family Action Plan: AFAP is a year-round program! Got Issues? Fresh Ideas Start Here! The Army Family Action Plan (AFAP) gives you the opportunity to let Army leadership know what is working and what isn't—and your ideas about what will fix it. Submit your issues to the AFAP program at: <a href="http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFAP/afap.htm">http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFAP/afap.htm</a>.

f. Mobilization and Deployment - Martha Brown, (910) 396-8682/8682

E-Mail: brownms@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS\_frg.htm

- 1) 82nd Orientation. Meet at the Hall of Heroes at 7:45 a.m. to be taken to the Family Resource Center in Gavin Hall for briefing at 8:00 .a.m. on May 5 (First Wednesday of every month). Briefings by ACS, AFTB, DEERS/ID, FTCC, Finance, JAG, Robinson Health Clinic, Chaplains, School Liaison. For more information please call the 82d ACS office at (910) 432-7979. No registration is need.
- 2) Operation READY. This month's theme is **Making Your FRG More Inclusive**. Training will cover topics such as:
  - Who owns the group and what makes an effective FRG
  - Role of the FRG During Deployments
  - Single Soldiers and the Family Readiness Group
  - Language and Cultural Considerations, and
  - Does your FRG include family members, soldiers, civilians, retirees, volunteers?

The workshop welcomes FRG Leaders, volunteers, and members to learn more about what tools and resources are available to them. Class will be held in Town Hall, Community Center, Knox & Randolph Streets, Monday, May 10 (Second Monday of each month) from 9:00 a.m. to 12:00 p.m. Classes are free. We have limited Child Care available if your child is registered by Wednesday, May 5. To register, call ACS at (910) 396-8683.

3) De-Stress with ACS. This Saturday we will be doing the herb container gardening and will be giving tips on what to do with the herbs. Saturday, May 8 at the

Community Center Town Hall from 10:30 a.m. to 1:30 p.m. **The class is FREE!!!!!!** To register, please call ACS at (910) 396-8682/8683.

- **4)** FRG Leader Training Workshop. Are you running your FRG with the right tools? The FRG Leader Training Workshop will cover topics such as:
  - How to build an FRG or improve an existing one
  - Key callers
  - How to manage volunteers
  - Fundraising and special event planning
  - · Improving communication networks
  - Problem-solving and
  - Idea sharing.

FRG Leaders, Advisors, and Volunteers as well as Commanders, 1SGs and other Unit FRG Liaisons are encouraged to attend as well as bring any resources to share with the group. Class will be held at the Town Hall, Community Center, on the corner of Knox & Randolph Streets on Friday, May 28 (Fourth Friday of every month) from 8:30 a.m. to 4:30 p.m. Class is free and childcare is available if your child is registered by Monday, May 24. For more information or to register, please call (910) 396-8682/8683.

- 5) Soldier and Family Reintegration Briefing. Briefing has four components:
- Reunion process
- Family advocacy
- Making healthy choices
- Budgeting for redeployment.

**Spouses and family members are encouraged to participate**. Reunion process briefings can also be requested by units and FRG's at their time and place of convenience. Every Wednesday from 1:00 p.m. to 2:15 p.m. at the Community Center Town Hall on the corner of Knox and Randolph Streets. Seating is limited. Call ACS at (910) 396-8682 to reserve a slot.

- **6) Family Members Newcomers Brief.** Briefings from agencies on Fort Bragg include Army Community Service (ACS), Commissary, AAFES, Morale, Welfare and Recreation (MWR), and Red Cross, just to name a few. Bus Tour of Fort Bragg also included. Every Wednesday from 8:45 a.m. to 11:30 a.m. at the Soldier Support Center (old Womack). No registration is needed.
- g. Relocation Assistance Program Pat Long, (910) 396-8682/8683

E-Mail: longpat@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS\_relocation.htm

**Primary Elections.** Primary elections play an important role in the electoral process. The names that appear on the general election ballot on November 2 are the candidates that were chosen during the primary election process. A primary election is

an election that selects a candidate(s) that will represent the party in a general election. Voters who participate in these primaries can have a great impact on their outcome. Voter participation is crucial in any election and primaries are no different. Dates for state primaries are spread throughout the year. Check the Federal Voting Assistance Program website for dates in your state, www.fvap.gov or call (910) 396-VOTE (8683).

2. AAFES - Josie Forney (910) 436-3535, ext 112

E-Mail: <a href="mailto:forneyjosie@aafes.com">forneyjosie@aafes.com</a>
Web Site: <a href="mailto:www.aafes.com">www.aafes.com</a>

a. Prepaid Calling Cards and Gift Certificates. Any American can now help troops in contingency operations telephone call home. The Army & Air Force Exchange Service (AAFES) is now authorized to sell prepaid calling cards to any individual or organization that wishes to purchase cards for troops who are deployed. Now, anyone (even those not in the military) can help troops in contingency operations call home from one of the many AAFES call centers in Operations Iraqi and Enduring Freedom (OIF/OEF). For service members to receive the best calling rates from OIF/OEF, senders should take advantage of the savings and purchase the Military Exchange 550 Unit Prepaid Card as it offers the best value when calling home with minutes that never expire and no hidden charges or connection fees.

Helping service members stay in touch with friends and family has never been easier. Anyone can log on to <a href="www.aafes.com">www.aafes.com</a> and click the "help our troops call home" link. From there, those wishing to pay for troops to call home can send a prepaid calling card to an individual at his or her deployed address or to "any service member" deployed or hospitalized. AAFES will coordinate distribution of donated cards addressed to "any service member" via the American Red Cross, Air Force Aid Society or the Fisher House Foundation.

In addition to the ability to send phone cards, individuals and organizations can further extend support to deployed troops with a "Gift From the Home front" gift certificate. This innovative initiative allows anyone to help deployed troops purchase merchandise in one of 54 contingency stores. "Gifts from the Home front" can also be purchased 24 hours a day by logging on to <a href="www.aafes.com">www.aafes.com</a> or by calling 877-770-4438, seven days a week, everyday of the year. From there, the "Gift from the Home front" can also be sent to an individual service member (designated by the purchaser) or distributed to "any service member" through the American Red Cross, Air Force Aid Society or Fisher House.

**b. Optometry Clinic Now Open.** The North Post PX/Mall has now opened an Optometry Clinic. The current services are limited at this time for customers 18 years or older, however the service will expand after a few months to include all ages. Current hours of operation are Saturday 9:00 a.m. – 1:00 p.m. and Sunday 12:00 p.m. –

4:00 p.m. These hours will expand on the May 15 to include Monday-Friday. At this time appointments can be made and walk-ins are welcome. For further details contact Dr. Lisa Parke, O.D. at (910) 497-0082.

- **c. Craftsman Tool Sale.** The North Post PX will have a Craftsman tool sale on selected items with saving up to 50% off beginning April 29. Quantities are limited so shop early for the best selection.
- **d. Welcome Home Sale.** Beginning on May 15 the North and South Post PX will have fantastic specials on home electronics from televisions to DVD players. Quantities are limited so shop early for the best selection. See stores for details/fliers o/a May 1.
- **e. NASCAR Busch Series Driver Bobbie Hamilton Jr.** On May 27 come out to the North Post PX and meet Bobbie Hamilton Jr. He will be available for autographs from 11:30 a.m. 3:00 p.m.; also featured from 10:00 a.m. 4:00 p.m. will be his NASCAR Simulator.
- 3. Army Career & Alumni Program Bobbi Curris, 432-0842/0279

E-Mail: bragg82ndacap@resourceconsultants.com

Website: <a href="https://www.bragg.army.mil/acap">www.bragg.army.mil/acap</a>

- **a. ARMY RETIREES.** Army Retirees and their family members are now authorized to use ACAP services for **LIFE**.
- **b. Deploying Soldiers.** Deploying soldiers who are **ONE YEAR** from ETS <u>at time of deployment</u> are encouraged to contact the ACAP center prior to deployment in order to complete their DD 2648 (Pre-separation Counseling Checklist).
- **c. Pre-separation Seminar.** The **first** step in the ACAP process is to attend a Pre-separation Seminar. Please call the ACAP center for more information.
- **d. Social Security Administration.** Do you need a new Social Security Card? A representative from the Social Security Administration will be at the Main ACAP Center taking applications once a month. Please bring two forms of Picture ID. Call the Main ACAP Center at 396-2227 for current schedule.
- **e. Pre-Venture Orientation.** Presented by the Small Business Technology Development Center an introduction to starting your own business. Topics covered at the workshop include assessing yourself as a business owner, taxing, licensing, and permits. This workshop will be conducted the fourth Monday of every month at the Main ACAP Center from 2:00 pm. 4:00 p.m.
- f. Employer Day. Most Fridays from 9:00 a.m. 12:00 pm. at the Main ACAP

Center, local and national employers meet with individuals to discuss employment opportunities. No appointment is necessary; call either ACAP center for the latest schedule.

- **g. Senior Transition Workshop.** Two-day Workshop designed to help *Senior* Transitioning Service Members (E-8/CW3/O4 and above). This Workshop is held once a month at the Main ACAP Center.
- **h. Family Members.** Family members of transitioning service members are encouraged to use all ACAP services. Remember the decision to leave the military affects the entire family.
- **i. AM-VETS Claims Workshop.** This workshop, held Friday mornings at the Main ACAP Center, is designed to aid transitioning soldiers in both preparation and filing of medical disability claims with the Veterans Administration. You must stop by the ACAP Center to register.
- **j. Two-Day Job Search.** This workshop is designed with All-Ranks in mind. Topics include resume writing, networking, interviewing and much more. The workshop is held weekly in the ACAP Classroom located in the basement of the SSC. Call either ACAP Center to register.
- 4. Armed Services YMCA Lynne Grates, (910) 436-0500; Fax: (910) 436-0018 E-Mail: <u>Lgratesasymca@earthlink.net</u>; Website: <u>www.asymca.org</u>
- **a. Summer Adventure Camp.** The ASYMCA Summer Adventure Camps begin on May 27 at Highland, Johnsonville and South Harnett Elementary Schools in Harnett County. To register your child call (910) 436-0500.
- **b. Y Arts Week.** Y Arts week will be held the first week of June. Tentative classes include "Can Do Candle Workshop", "Stampin' Up", "Bavarian Folk Art painting", and Scrapbooking. Also scheduled for kids, is an "Art Trunks Day" through the Fayetteville Museum of Art, story time, creative drawing and poetry writing. For more info, contact Ms. Mason at (910) 436-0500.
- **c. Kindermusik Classes.** Our next Kindermusik Class will be "Our Time Away We Go" for children ages 18 months to 3 years. Class will be on Thursday from 10:00 a.m. to 11:00 a.m., beginning August 12. This is a 15-week session. Contact Ms. Mason at (910) 436-0500 to sign up.
- **d. Sign Language Classes.** The ASYMCA will begin another session of Sign Language Class on Wednesday, June 9 at 7:00 p.m. Beginners are welcome. For more information, contact Ms. Mason at (910) 436-0500.

- **e. Free Things!!!** The ASYMCA still has tons of free things to give away from the donation from Proctor & Gamble. Items include, shampoo, feminine hygiene products, after-shave, Bounce, dish detergent and more. Please contact Lynne Grates at (910) 436-0500 if you would like to get some of this for your FRG's or deployed soldiers.
- **f. Operation Kid Comfort.** We are still looking for families of deployed soldiers who would like a **FREE**, photo-transfer quilt for their children ages 18 months to 5 years. We are also holding workshops that teach the basics in making the quilts for "Operation Kid Comfort". You must register to attend the workshop. Contact Ms. Mason at (910) 436-0500.
- **g. HEALTHY KIDS DAY.** Thanks to everyone who came out to support Healthy Kids Day. The weather was super and the families really had a great time.
- 5. American Red Cross Linda Jones, (910) 396-1231

E-Mail: joneslr@bragg.army.mil Web Site: www.redcross.org

- **a. Summer Youth Program.** Applications for the 2004 Summer Youth Program for Youth ages 13-17 are now available at our Red Cross office on Macomb Street, our WAMC office and online at <a href="www.bragg.army.mil/redcross">www.bragg.army.mil/redcross</a>. Youth between the ages of 13 and 17 are encouraged to apply. Applications will be accepted until 1 June 2004. Spaces are limited and based on the number of volunteers requested by hospital personnel. Applications will be accepted on a first-come first-serve basis.
- **b. Volunteer Orientation.** Our next Volunteer orientation will be Monday, May 10 at 9:00 a.m. 11:30 a.m. at the Weaver Auditorium in the basement of Womack Army Medical Center. The need for volunteers is great and we encourage everyone with a desire to serve their community to become part of the Red Cross volunteer team. Please call our Womack Army Medical Center office, (910) 907-7124, for additional info.

#### **VOLUNTEERS NEEDED IN THREE SPECIALITY AREAS......**

- 1) Caseworker Volunteers Needed. One of the fundamental missions of the American Red Cross is to keep the American people in touch with their loved ones in the Armed Forces during times of family crisis through our emergency messaging system. Caseworkers play a vital role in making this happen. If you are interested in a challenging opportunity to assist military service members and their families, please contact Felecia D'Zamko or Rathana Yann at (910) 396-1231.
- 2) Golf Courtesy Cart Volunteer Drivers Needed for Womack. Volunteer drivers are needed to drive the Red Cross courtesy golf carts through WAMC parking lots to transport patients and family members to and from their cars to the hospital entrances. Call WAMC Red Cross, (910) 907-7124, for further info.

- 3) Summer Youth Program Coordinators Needed for Womack. Adult Volunteers are needed to work with Red Cross summer youth volunteers to assist them in achieving program goals by coordinating their
- **c. Vidi-Connect Program.** Kendra Gomlak of the Highlands Chapter of the Red Cross in Fayetteville NC can be contacted at (910) 867-8151 to arrange a video taping session for friends and family of deployed service members. These video messages can then be enjoyed by the deployed service men and women. These taping sessions are frequently scheduled for small to large groups.
- **d. CD's by popular artists.** The Red Cross Office on Macomb Street still has approximately 12,000 free CD/s for the enjoyment of each soldier in your unit. These CD's have been donated and provide great entertainment by popular artists. Call us at (910) 396-1231 to coordinate pick up of CD's.
- **e. Deployment and FRG Briefings.** The Red Cross stands ready to provide a deployment briefing on our emergency services and how to access them. We also are happy to speak at FRG meetings about our programs and services. Please contact Rathana Yann or Felecia D'Zamko at (910) 396-1231 to set these up.
- **f. Spencer Layette Program.** Spencer's and the Red Cross have partnered together to make free layettes available for babies up to 12 months old. The only requirement is that the spouse be deployed to Kuwait, Saudi Arabia, Afghanistan, Uzbekistan, Pakistan, Iraq or the Philippines during the pregnancy or at the time of the baby's birth. Call Lisa Doyle at our WAMC office, (910) 907-7124, to register.
- 6. Child and Youth Services (CYS) Jeannie Williams, (910) 396-1546
- **a. CYS Registration.** Hours of operation for the Registration Office are 8:30 a.m. 5:00 p.m., Monday, Tuesday, Thursday, Friday and 10:00 a.m. 6:30 p.m., Wednesday. They are located in Room 23, H Wing, Community Center, corner of Knox and Randolph Streets. Telephone (910) 396- 8110/1278.
- **b. CYS Parent Meeting**. Parents are encouraged to attend a Parent Meeting, 6:30 p.m., May 20, at the Tolson Youth Activities Center. Topics for discussion are recommended improvement of services and solutions to child and youth issues. The meetings are designed to establish a link between our youth, the CYS staff, and parents. Free child care is available with reservations. For more information, please call (910) 396-8110/1278.
- **c.** The CYS STACC Play Group. (Tolson Youth Activities Center.) Military families with infants through age 5 are welcome. The program is free and offers parents interaction with their children and other parents. The times are 10:00 a.m. 11:30 a.m. on the following dates: April 23 & 30

For more information, call Ms. Celeste Beebe, (910) 396-8110.

**d. CYS Month of the Military Child 12th Annual Children's Fest**. This event is open to the public. Hours are 10:00 a.m. – 4:00 p.m., April 24, at the Fort Bragg Fairgrounds. Admission is \$2 and \$5 buys an all day carnival rides pass. There will be many prize drawings throughout the day. Interesting activities will include a climbing wall, face painting, Toddlerville, the Fire House, Number 9 Robot, the kiddie rappel and jump tower, and military static displays. Howell Street (off Bragg Boulevard) will be open.

# e. Youth Education Support Services. (910) 432-1008

The School Liaison Office announces that Cumberland County Schools will host "Beginners' Day" April 30. If you have a rising kindergartner and know what school they will attend, you may contact the school directly. If not, you may contact the School Liaison Office, (910) 432-1008, or visit <a href="https://www.ccs.k12.nc.us">www.ccs.k12.nc.us</a> and use their "Where is my School?" tool.

**f. Tolson Youth Activities Center**. (910) 396-5437. CYS membership is required to participate in all activities.

May 1 welcome.	Sewing Club. 4:00 p.m. – 5:00 p.m. Grades 5-12. Parents
May 1	Technology Club. 2:00 p.m. – 3:00 p.m. Grades 5-12.
May 4, 8, 18	Torch Club. 4:30 p.m.
May 4 & 18	Keystone Club. 6:00 p.m. (Teens.)
May 8	Torch Blow Out. 6:30 p.m 7:30 p.m. Grades 5-12.
May 8 & 22	Power Hour Club. 2:00 p.m. – 3:00 p.m. Grades 5-12.
May 8	Keystone Club. 6:00 p.m. – 7:00 p.m. Grades 5-12.
May 8	Awesome Saturday, (Flag Football) 2:00 p.m. – 5:00 p.m.
Grades 5-12	Awesome Saturday, (Flag Football) 2.00 p.m. – 5.00 p.m.
	Photography Club C(20 p.m. 7:20 p.m. Crodes F 40
May 10	Photography Club. 6:30 p.m 7:30 p.m. Grades 5-12.
May 12	Ultimate Journey Club. 6:30 p.m 7:30 p.m. Grades 5-12.
May 15	Smart Girls Club. 4:00 p.m. – 5:00 p.m. Grades 5-12.
May 15	Awesome Saturday. 2:00 p.m. – 5:00 p.m. Grades 5-12.
May 19	Street Smart Club. 6:30 p.m 7:30 p.m. Grades 5-12.
May 20	Fitness Authority. 6:30 p.m 7:30 p.m. Grades 5-12 and their
parents.	
. May 20	MWR-4-U Pop Corn Night. 6:30 p.m 8:30 p.m. Grades 5-12.
May 22	Awesome Saturday. (Flag Day) 2:00 p.m. – 5:00 p.m. Grades 5-12.
May 22	Art Club. 3:00 p.m. – 4:00 p.m. Grades 5-12.
May 26	Swoosh Club. 6:30 p.m 7:30 p.m. Grades 5-12.
May 26	Cooking Club. 6:30 p.m 7:30 p.m. Grades 5-12.
May 28	Smart Moves Club. 6:30 p.m 7:30 p.m. Grades 5-12.

May 28 Clubhouse Full Day Camp. 8:00 a.m. - 6:30 p.m. \$9 per day for CYS members grades 5-6. Pre-registration required.

May 29 Awesome Saturday. (Basketball tournaments.) 2:00 p.m. – 5:00 p.m. Grades 5-12.

7. MWR Marketing - Suzanne Sullivan, (910) 396-1024

E-Mail: sullivanss@bragg.army.mil Web Site: <a href="mailto:www.fortbraggmwr.com">www.fortbraggmwr.com</a>

- **a. Yoga for Beginners.** Tuesday & Thursday, 9:00 a.m. 10:00 a.m., Blackjack PFC. Free to ID cardholders and DOD civilians. For more information, please call (910) 432-7922.
- **b. 3rd Annual Regional Bowling Tournament**. May 1 and 2. 5:00 p.m., Dragon Lanes. For more information, please call (910) 436-4271.
- **c.** Adult Golf Clinics. May 1, 15 & 29, 1:30 p.m. 3:00 p.m., Stryker Golf Course. Cost is \$10 and includes unlimited range balls and professional instruction. There must be a minimum of five players and maximum of ten players per clinic. To register, call (910) 396-3980.
- **d. Armed Services Skeet Championships.** May 3 7, Fort Bragg Clay Target Center. For more information, please call (910) 436-9489.
- **e. Iron Mike Fitness Challenge.** May 6, 9:00 a.m., Hedrick Stadium. Annual challenge for men and women includes age group competition in various strength, speed and agility events. Entry deadline is May 4. For more information, please call (910) 396-1217.
- **f. Ping Pong Tournament.** May 6, 13, 20 & 27, 7 p.m., Soldier Recreation Center, Bldg. C-6433, corner of Einhoven and Ardennes. For more information, please call (910) 396-3567.
- **g. National Pet Day.** May 8, 8:00 a.m. noon, Veterinary Treatment Facility. Activities include the dog wash, doggie dash, pet contests, vaccination clinic and more. The stray facility will be open for adoptions. For more information, please call (910) 396-5769.
- **h. White Water Rafting Trip.** May 8 & 22, 5:00 p.m. meet at the Recreation Equipment Checkout Center for a day of rafting in the North Carolina Mountains on the Nantahala River. Cost is \$50, which includes equipment, transportation and instruction. For more information, please call (910) 396-7060 or 396-4861.

- i. Adult Golf Clinics. May 8 & 22, 1:30 p.m. − 3:00 p.m., Ryder Golf Course. Cost is \$10 and includes unlimited range balls and professional instruction. There must be a minimum of five players and maximum of ten players per clinic. To register, call (910) 907-GOLF (4653).
- **j. Book Bingo.** May 13, 7:00 p.m., John L. Throckmorton Library. Win prizes playing book bingo. Free and open to kids of all ages. For more information, please call (910) 396-2665.
- **k. Outdoor Excursions Deep Sea Fishing Trip.** May 15, meet at Recreation Equipment Check-Out Center at 4:30 a.m. for 10 hours of Gulf Stream Fishing at Carolina Beach. \$88 per adult, \$63 for children 12 and under. Cost includes equipment and transportation. For more information, please call (910) 396-7060.
- **I. Golf Tournament Spring Handicap.** May 15, Ryder Golf Course. For more information, please call (910) 907-GOLF (4653).
- m. Smith Lake Summer Season Opening. May 20, 10:00 a.m. Smith Lake. The lake and park will open for the summer season. Military admission is \$3 single, \$7 family. Civilian admission is \$4 single, \$10 family. Open to the public. For more information, please call (910) 396-5979.
- **n. MWR Auction.** May 20, 10:00 a.m., Supply Warehouse. Electronics, furniture and antiques sold to the highest bidder. Open to the public. For more information, please call (910) 396-2802.
- **o.** Outdoor Pools Open for the Summer! May 22, for hours of operation, call (910) 396-1217.
- p. Officers' Club. (910) 907-CLUB (2582).
- Tuesday Friday, Lunch in the Cafeteria 11:00 a.m. 1:30 p.m.
- Wednesday & Friday Unwind After 5, 5:00 p.m. until, every Wednesday & Friday. Karaoke, free food, and fun. Free for members, \$5 for non-members.
- German Food in the Dining Room 5:30 p.m. 8:30 p.m. Members rates are \$9.95 for adults and \$5 for children 6 11. Non-members rates are \$12.95 for adults and \$6.50 for children 6-11. Free for 5 and under. Open to the public.
- Sunday Champagne Brunch 10:00 a.m. 2:00p.m. Members \$8.95, non-members \$12.95. Children 6-12 half-price, 5 and under eat for free.
- May 7 First Friday's 6:00 p.m. 10 p.m., Willie's in the Officers' Club. Listen to rhythm & blues and jazz with DJ Capree. The first Friday of every month. Free for members, \$5 for non-members.
- May 9 Mother's Day Brunch 9:30 a.m. 2:00 p.m. Members prices \$11.50 adults, \$6 children 6-11. Non-members prices \$14.50 adults, \$7.50 children 6-11. Free for children 5 and under. Open to the public. No reservations required.
- **q. NCO Club.** (910) 907-3300.

- Monday Special Latin Flavor Lunch Buffet 11:00 a.m. 1:30 p.m. Herb baked meatloaf, salsa baked chicken, tacos, enchiladas and more. \$6.95 including drink.
- Monday & Friday Night Late Night Bingo, 10:00 p.m.
- Tuesday Special A Taste of Italy Buffet 11:00 a.m. 1:30 p.m. Italian wedding soup, lasagna, Italian sausage and more. \$6.95 including drink.
- Wednesday Special German Lunch Buffet 11:00 a.m. 1:30 p.m. Pork schnitzel, brats, sauerkraut, German potato salad and more for \$6.95 including drink.
- Thursday Special Southern Style Lunch Buffet 11:00 a.m. 1:30 p.m. Southern fried chicken, sliced roast beef, BBQ pork ribs, and more for \$6.95 including drink.
- Friday Specials Catch of the Day Lunch Buffet 11:00 a.m. 1:30 p.m. Baked Cajun fish fillet, southern fried fish fillet, popcorn shrimp, catfish, clam chowder and more for \$6.95 including drink.
- Sunday Night Groovin' 8:00 p.m. 1:00 a.m., NCO Club, Continental Room. Jazz, blues, oldies and today's hottest hits, brought to you by DJ Midnight Express. Free for members, \$6 for non-members.
- May 9 Mother's Day Special Buffet 11:00 a.m., 12:30 p.m. and 2:00 p.m. seatings, Cost is \$12.95 per person, 10 % discount for members. Half price for children 6 - 11 and free for children 5 and under. Pallabar the clown will entertain the kids. Call for reservations.
- r. Sports USA. (910) 907-0739.
- Pool Tournament 7:00 p.m., USA. \$5 entry fee.
- Family Night, 5:30 8:00 p.m. Enjoy the family night pizza and pasta buffet, drink included. Adults \$4.95, children 6 10 \$2.95 and children 5 and under eat for free.
- Variety Night 9:00 p.m. No cover charge all night long. Enjoy dancing, contests and more.
- Bounce with DJ Showtime 9:00 p.m. Dance to the latest hip hop and top 40 hits with DJ Showtime. \$3 for military, \$5 for guests. Civilian males must be 21 years old or older and signed in by a military member.
- Saturday Breakfast Buffet & Made-to-Order Omelet Bar 8:30 a.m. 11:30 a.m.
   Come and enjoy eggs prepared your way. Cost is \$7.25 for adults, \$3.65 for kids 6-11 and free for kids 5 and under. Price includes drink. Buffet available every Saturday.
- s. McKellar's Lodge, 907-LAKE (5253).
- Monday Friday Country Lunch Buffet 11:00 a.m. 1:30 p.m. \$6.75 includes drink.
- Attitude Adjustment, 5:30 p.m. 6:30 p.m. Free snacks.
- t. Green Beret Club. (910) 436-4056
- Breakfast 6:00 a.m. 10:00 a.m.
- 8. Chaplains Tim McHale, DRE, (910) 396-4157/6564 ext. 105

E-Mail: mchalets@bragg.army.mil

Web Site: www.bragg.army.mil/chaplain

**a. Military Council of Catholic Women.** The Fort Bragg MCCW group meets at the Watters Center, Thursdays, 9:00 a.m. – 11:30 a.m., and Tuesdays, 6:00 p.m. – 8:00 p.m. Please contact the POC for further details.

**POC:** Amy Chaffin (910) 487-1087

**b. Protestant Women of the Chapel.** The Fort Bragg PWOC group meets at the Watters Center, Tuesdays, 9:00 a.m. – 11:30 a.m. Please contact the POC for further details.

**POC:** Dawn Galloway (910) 425–7691

**c. Post-wide Protestant Sunday School.** The Fort Bragg Post-wide Protestant Sunday School is on going Sundays at 9:30 a.m. Classes for all ages are held at Bowley Elementary School, near Knox & Randolph streets. Teaching assistants are still needed for two grade levels. Please contact the REC for further details.

POC: Ms. Barbara Helton, Protestant REC (910) 396-4157 X 106

**d. Catholic Religious Education.** Catholic religious education classes for grades K–12 meet Sundays, 10:45 a.m. – 12:00 p.m., at both Bowley and Irwin Schools. Please contact the representative REC/DRE for further details.

**POC:** Ms. Barbara Helton REC covering for grades K-3 (910) 396-4157 X 102 **POC:** Mr. Tim McHale, Installation DRE, covering for gr. 4-12 (910) 396-4157 X 105

e. Beltane. The Bragg/Pope Open Circle will be conducting its annual Beltane service on April 30, @ 6:00 p.m. Please contact the DFGL for further details.

POC: Christine Ahrens, DFGL (910) 494–1102

- 9. Enlisted Spouses Association (910) 907-3934 E-Mail: enlistedspousesassocation@yahoo.com
- **a. Monthly Meetings.** The Enlisted Spouses Association meets the first Thursday of each month, unless otherwise posted, at 6:30 p.m. at their clubhouse located at the Junior Enlisted Family Center in Building 2-2411 on Woodruff St.
- **b. Video Messaging.** On May 1 from Noon to 4:00 p.m. at the Watters Center, just in time for Mother's or Father's Day, the ESA will be hosting our second Video Message in coordination with the American Red Cross. If you have a deployed spouse or know someone who has a loved one deployed, please spread the word. When we did this for Valentine's Day we had over 80 families send messages to loved ones. Some messages would make you cry, some would make you laugh and some would make you blush. We had wives, husbands, kids, grandparents, other relatives and friends attend the event to send a message to a deployed loved one.
- **c. May General Membership Meeting.** May 6th @ 6:30 p.m. We will be recognizing the awesome contributions our last Board and membership offered as great volunteers for our club. Join us in thanking them.

- **d. June General Membership Meeting.** June 10 @ 6:30 p.m. Our meeting will be held at Just Claying Around. Club will offer a \$5 voucher for all members to paint a pretty piece of pottery. Join us for lots of fun!
- e. Phone Number. If you have any questions, please call (910) 907-3934.

10. Defense Commissary Agency

Website: www.commissaries.com

North Fort Bragg Commissary, Gale Van Hull, (910) 396-2104

E-Mail: gale.van\_hull@deca.mil

South Post Commissary, David Carey, (910) 436-2487

E-Mail: ccbtcso@east.deca.mil

- **a. Case Lot Sale.** The Commissary annual May case-lot sale will be held at the South commissary May 21-23. Due to the renovation of the North store they will be conducting a modified sale during the month of May, dates to be determined, please continue to check at the north store for updates.
- **b. Renovations.** The north commissary renovation estimated completion date is October 2004.
- **c. Scholarships for Military Children.** Starting March 29, any applicant for the Scholarships for Military Children may check to ensure his/her package was received by the judging committee. Visit the scholarship Web site at: <a href="www.militaryscholar.org">www.militaryscholar.org</a> and click on "Verification of Receipt." Winners will be announced at that site on or about May 1, 2004.
- **d. Sales/Events E-Mails.** If you would like to receive e-mails on special sales/events happening at the Fort Bragg South Post commissary, all you have to do is ask! Send an e-mail to <a href="mailto:Phyllis.black@deca.mil">Phyllis.black@deca.mil</a> and request to be added to the group listing for special sales. You can be one of the first to find out about our great deals that are never advertised! Sign up today!
- 11. Fort Bragg Area Community Foundation Julie Huggins

Web Site: www.bragg.army.mil/fbacf

Phone: 24-hour answering machine (910) 583-1709 Address: P.O. Box 74620, Ft. Bragg, N.C. 28307-1709

a. The Ft. Bragg Area Community Foundation. A private, non-profit charitable organization designed to provide financial assistance to benefit the Ft. Bragg community. Financial assistance is limited to: Active duty military assigned to Ft. Bragg and their families, DOD Civilians employed on Ft. Bragg and retirees and their spouses who live within 50 miles of Ft. Bragg. All financial assistance will be given in the form of

grants where there is a genuine financial need that cannot be met through other traditional sources and is not a result of financial mismanagement.

- **b. Executive Board Meetings.** The FBACF Executive Board meets quarterly to consider all applications for assistance. For more information, please call the Foundation at (910) 583-1709.
- **c. Briefings.** If your unit or FRG is interested in having someone brief from the FBACF please call (910) 583-1709.
- **d. The Foundation** can be reached through a 24-hour answering machine at (910) 583-1709. Your inquiry will be followed up within one day. All requests will be handled as anonymously as possible and with discretion.
- **e. General Membership Meeting.** There will be a meeting of the general membership on July 8. Each Brigade sized element and larger is encouraged to send a representative. If you have any questions, please call the Foundation at (910) 583-1709.
- 12. Ft Bragg Area Officers Spouses Club (OSC) Susan Grove (910) 960-8313;

E-Mail: <a href="mailto:cubbyrun@aol.com">cubbyrun@aol.com</a>

- **a. May Function.** The May Function will be the "Grand Finale". It will be held at the Officers Club, May 20. The social will begin at 6:30 p.m. and dinner will be served at 7:00 p.m. The 2004-2005 OSC Board will be installed and the OSC/ESA scholarships will be presented. POC for this event is Melissa Keiser (910) 429-1999.
- **b. Buy and Bragg Gifts.** The Buy and Bragg gift shop is open Tuesday Saturday, 10:00 a.m. 1:00 p.m. They have many new items for spring!
- 13. Fort Bragg Schools Terry Lawrence, (910) 436-5410 ext. 220

Website: <a href="www.bragg.odedodea.edu">www.bragg.odedodea.edu</a>
E-Mail: <a href="mailto:terry.lawrence@ddess.org">terry.lawrence@ddess.org</a>

**a. School Board Elections.** The School Board election filing period opened, April 20 and closes noon on April 27. Interested Fort Bragg School parents will need to come by the Superintendent's office to pick up an application. The election will be held May 11 from 8:00 a.m. - 3:30 p.m. at the elementary schools on Fort Bragg. The vacancies include: Bowley, Holbrook, McNair, Murray, Butner and Devers districts.

- **b. School Board Meeting.** The next school board meeting will be April 28 at Butner Elementary School beginning at 10:00 a.m.
- **c. Summer Lunch Program.** The Summer Lunch Program will be from June 7 July 23 at the following locations: Bowley, Murray and Holbrook Elementary Schools. Each of these schools will be open to the entire Fort Bragg and Pope communities. All meals served to children 18 years old or younger are **FREE**. Adults accompanying children may purchase a meal at a-la-carte prices. Each school will operate on a first-come, first served basis and the operation time is from 11:30 a.m. to 1:00 p.m. Monday through Friday (except July 5, 2004).
- **d. LAST DAY OF SCHOOL!!** The last day of school for <u>preschoolers</u> is May 26 and the last day for <u>Kindergarten through 9<sup>th</sup></u> is May 27.
- 14. Fort Bragg Area Thrift Shop (910) 907-4053
  Web Site: www.geocities.com/bragg thrift shop
- **a. Donations Applications.** Applications for donation requests are available at the Thrift Shop office.
- **b.** Location. The Thrift Shop is located on the corner of Woodruff and Jackson. (by the ESA building), building 2-2412. The phone number is **(910)** 907-4053.
- **c. Hours of Operation.** The hours of operation are Tuesday, Wednesday and Thursday from 9:00 a.m. to 1:00 p.m. and the 1st and 3rd Saturday of each month from 9:00 a.m. to 1:00 p.m.
- **d. Consignments.** Consignment hours are Tuesday thru Thursday from 9:00 a.m. until 12:00 p.m. Military in uniform have until 12:30 p.m. Large furniture items and appliances may be consigned on the 1st and 3rd Saturdays. Please call before bringing large items to ensure there is space. Check the website to see what items we are not taking that week. The list changes weekly.
- **e. Donations.** The Thrift Shop does accept donations and you can bring them in during business hours or leave them in the wooden shed in the front of the store.
- **f. Volunteers.** Volunteers make the Thrift Shop possible for the Fort Bragg Community. No skills are necessary there are a variety of jobs available. Volunteers do receive some privileges for volunteering so come check it out. The Thrift Shop does pay childcare for its volunteers.
- 15. Pines of Carolina Girl Scout Council, Area 33 Meta Barham, (910) 437-9900 ext 25

E-Mail: <a href="mailto:mbarham@pinesofcarolina.org">mbarham@pinesofcarolina.org</a>
Web Site: <a href="mailto:www.pinesofcarolina.org">www.pinesofcarolina.org</a>

- North Carolina Military Widow & Widowers Informational Group Pamela Alkins, (910) 867-7027 or (910) 907-3045; Operation Hours 24/7 Building A-4926 (Old Division Area)
   231 Lansdowne Rd, Fayetteville, NC 28314
- **a. Authorized Patrons/Patrons Served.** Military widows, widowers, and dependent children with valid ID cards. This includes spouses and dependent children of decease active duty and retired military (all services), as well as families of terminally ill military members.

## b. Service/Programs Provided.

- 1) Researching old documents and military records to verify a claim for both medical and monetary benefits for widows, widowers and dependent children.
- **2)** Helping a family member secure affidavits to substantiate a claim for federal and/or state benefits.
- **3)** Interceding with doctors, hospitals or clinics on behalf of a widow or child needing treatment.
- **4)** Calling in prescription refill at a pharmacy, picking up the order, and delivering it to someone who may be too ill or unable to drive.
- **5)** Driving someone to medical treatments or emergency room regardless of time of day or night.
- **6)** Providing food from our own food closet for a family in need. Our food closet is open year round.
- 7) Providing "Friendship Baskets" delivering to a widow or widower unable to afford to purchase items such as toilet articles, cloth towels and good quality face cloths. This also includes health and beauty aids, writing materials, paper products, and stamps. The distribution of these packages is helped by the BOSS program on Fort Bragg.
- **8)** Looking for mentors to help children with homework, career choices, or Scholarship monies.
- **c. Memorial Day Ceremony.** Please come and honor our military heroes on Memorial Day. We will be having our Memorial Day ceremony at Fort Bragg Main Post Cemetery on Monday, May 31 at 11:00 a.m. We are asking participants to be seated by 10:45 a.m. We will feature the Stars and Strips Singers. These ladies will sing patriotic as well as religious songs.

## d. Thank You.

1) To our troops and their families. We wish to thank each and every one of you for your devotion to duty and your families for understanding about your service to our country. We ask that God keep you out of harms way and that we will see you safely back here in the United States of America.

- 2) 35th Signal BDE Spouses Coffee Group. We wish to sincerely thank the Spouses Coffee Group of the 35th Signal Brigade for their surprise of a huge box of jigsaw puzzles, crossword puzzle and word search books, pencils and health and beauty aids.
- 17. 18th Soldier Support Group Dee Warren, (910) 396-2020 E-Mail: warrend@bragg.army.mil
- a. Installation Adjutant General. CPT John G. Misenheimer, Jr.

E-Mail: misenheimerj@bragg.army.mil Web Site: <a href="https://www.bragg.army.mil/18ssg/">www.bragg.army.mil/18ssg/</a>

- **b. ID Card Facility.** The Installation ID Card Facility is located at the Soldier Support Center in Building 4-2843 on Normandy Drive. The mission of the facility is to provide identification cards for soldiers, retirees, and their family members.
  - 1) Hours:

Monday 9:00 a.m. - 5:00 p.m. Tuesday 9:00 a.m. - 5:00 p.m. Wednesday 9:00 a.m. - 5:00 p.m.

Thursday 9:00 a.m. - 7:00 p.m. (extended hours)

Friday 9:00 a.m. - 5:00 p.m.

Saturday 9:00 a.m. – 12:00 p.m. (closed on Corps Training Holiday

weekends)

- **2) Closings.** The ID Card Facility is closed on all Corps Training and Federal Holidays.
  - **3) Phone Numbers.** (910) 396-2868 (910) 396-9339 (910) 396-8811

Customers should call before coming from out of town.

- c. Installation Retirement Services Office John Bell E-mail: bellj1@bragg.army.mil
- 1) Location. The Installation Retirement Services Office (IRSO) is located in the Soldier Support Center, Building 4-2843, Normandy Drive in the Lower Level. The IRSO provides services to both active duty soldiers assigned to Fort Bragg and to Army retirees and their family members residing in North Carolina.
- **2) Services Provided.** Services are provided on a walk-in, write-in or e-mail, or phone-in basis. Upon request, IRSO provides individual counseling on retirement rights, pay, Dual Compensation, Civil Service Reform Act, benefits and privileges.

**3) Counseling.** Special assistance is provided with preparations and submission to Military Board of Corrections cases. In conjunction with servicing legal office, counsels active and retired soldiers, spouses, and former spouses on the Uniformed Services Former Spouses Protection Act.

Counseling services are provided to widows of both active duty and retired soldiers.

- **4) Pre-Retirement Briefings.** IRSO conducts pre-retirement briefings and administers the Survivor Benefit Plan at the installation level. Counseling services are provided to widows of both active duty and retired soldiers.
  - 5) Hours.

Monday thru Friday 9:00 a.m. – 5:00 p.m. Closed on all Corps Training and Federal Holidays

6) Phone.

(910) 396-5304/8591

(910) 396-3747-Fax

18. Womack Army Medical Center, Shannon Lynch, (910) 907-7247

E-Mail: Shannon.Lynch2@na.amedd.army.mil

Web Site: www.wamc.army.amedd.mil

- **a.** Clark Clinic adjusts hours. In an effort to reduce wait times during the lunch hour, effective May 3, Clark Health Clinic will not schedule patient appointments between 12:00 p.m. and 1:00 p.m. The Laboratory, Pharmacy, and Radiology at Clark Health Clinic will also close during this time. For more information, please call Clark Health Clinic at (910) 907-2575.
- **b. National Hospital Week is May 9-15.** It is a special time for our hospitals. It's an opportunity to showcase the people and care that make a powerful and many times lifesaving difference in our communities. This year's theme, "**Miracles Start with Caring Hearts**," reminds us that our medical center's strength is in the people the physicians, nurses, technicians, food service workers, social workers, security guards absolutely everyone who ensures that each hospital can continue its mission of caring for all who walk through the doors, 24 hours a day, seven days a week.

In support of National Hospital Week, Womack Army Medical Center will host a health fair open to both staff and patients on **Friday, May 14 from 10:00 a.m. until 2:00 p.m.** Services provided include blood pressure checks, pharmacy and dietetic counseling, audiology and hearing education and many other services available.

Join us as we say thanks to the many healthcare providers and staff who give of themselves everyday and are truly "committed to those we serve".

- **c.** Emergency Medical Services. Join Womack as we celebrate Emergency Medical Services (EMS) the week of May 16 through the 22. On Wednesday, May 19 at 4:00 p.m. our EMS and the Fort Bragg Fire Department team up for the youth at Tolson Youth Center. There will be displays, a mock vehicle extrication using the "jaws of life" and may other activities that will highlight Emergency Medicine.
- **d. Memorial Day closures.** Womack Army Medical Center's primary care and specialty care clinics will be closed on Friday, May 28 for a training holiday and on Monday, May 31 for Memorial Day.

The Acute Minor Illness Clinic (AMIC) will be open from 9:00 a.m. until 9:00 p.m. To make an appointment in the Acute Minor Illness clinic, please call (910) 907-2778.

\*\*19. Fort Bragg Fisher House. Since 1990, Fisher Houses have been serving military families during times of medical crisis. These comfort homes are built by the Fisher House Foundation, Inc., and given as gifts to the Military Services and the Veterans Administration.

Fisher House! Within walking distance of the hospital is a comfortable temporary home, filled with warm, caring people who help family members endure the stresses associated with a loved one's serious medical condition. Some of our most recent guests have been families of combat casualties (operation Iraqi Freedom).

Army Fisher Houses receive no appropropriated funds from the government. The majority of our support is gained from volunteer groups, spouses' clubs, family support groups, and Civic/Military organizations. Donations can be made directly to the Ft. Bragg Fisher House at 12 Bassett St., Ft. Bragg, NC 28307 or donate through the Local Combined Federal Campaign to CFC #9006. E-mail: <a href="mailto:FHWAMC@aol.com">FHWAMC@aol.com</a>

FORT BRAGG FISHER HOUSE 12 BASSETT ST. FT. BRAGG, NC 28307 910-432-1486

http://www.wamc.amedd.army.mil/fisherhouse/index.htm FHWAMC@aol.com

MONETARY DONATIONS (All checks should be written to the Ft. Bragg Fisher House) Receipt will be provided!
Towels, Hand Towels, Wash Clothes (any color)
Double Sheets, Twin Sheets, King Size Sheet, Pillowcases (any color)
Laundry Detergent, Clorox, Fabric Softener
Dish Towels, Pot Holders, etc.
Canned Meats and Soups
Tooth Brushes, Small Toothpaste, Small Mouthwash

Paper Goods (Plates, Cups, Towels, Toilet Paper)
Small Lotions
DVDs/ VCRs/ Movies
Sodas/ Bottled Water
Coffee & Coffee Supplies
TVs
Double Beds (to include Mattress & Box spring)
Stereo System for Living Area
Vacuum Cleaners (Could be portable for each room) (7 rooms)
Carpet Shampooer
Dishwasher

Thank you for your continued support of the Fisher House.

19. Cumberland County Schools – (910) 678-2302

E-Mail:

Web Site: <a href="http://www.ccs.k12.nc.us/">http://www.ccs.k12.nc.us/</a>

- **a. Cumberland County School.** The Cumberland County School System is the 4th largest school system in the state and the 72nd in the nation, serving 50,760 students in 85 schools with 6,234 employees of whom 3,244 are teachers. On any given day, nearly 20% of our community's almost 300,000 residents are housed in our schools nearly half of their waking hours.
- **b. Mission.** Our mission is simple: All schools will be safe and caring and student achievement will increase each year.
- **c. Student Assignment.** Students are assigned to schools based on the parent or guardian's residence. We serve all 10th 12th grade students who reside on post or base, and we accept 9th grade students who wish to attend our schools.
- **d.** "Choice" Programs. Our school system is dedicated to serving the needs of children in our community. We offer a variety of "choice" programs that range from the Performing Arts to Engineering Technologies. These programs follow the North Carolina Standard Course of Study. We have 21 choice programs in our elementary schools. And, our choice options have expanded to the secondary level with 7 programs at the middle level and 11 high school academies that concentrate on career interests. Two classical high schools are also available with one offering the Year-Round calendar.
- **e. Principles.** Throughout the Cumberland County Schools, we operate under two basic quality principles: customer focus and continuous improvement. We need to know the aims of our customers, of whom you are a part, so that we can tailor our educational programs to meet those needs. And, of course, we are constantly working to improve.

20. Fayetteville Technical Community College Basic Skills/HRD Programs Linda Robotham, (910) 678-8483 or 678-8481

E-Mail: robothal@faytechcc.edu

- **a.** Basic Skills and HRD. Fayetteville Technical Community College's Basic Skills and Human Resources Development (HRD) programs offer a number of different learning opportunities, each designed to provide quality educational services to eligible adults 18 years of age or older. Classes are offered at convenient times and locations throughout Cumberland County. There is no charge for any Basic Skills/HRD class. If you would like to expand your potential for success, or you know someone else who does, please consider the many programs being offered at FTCC.
- 1) Adult High School Diploma (AHS). The Adult High School Diploma Program is designed to give adults the opportunity to earn a high school diploma. The diploma is issued by FTCC and the Cumberland County Board of Education. Students are required to purchase their textbooks and pay a nominal graduation fee.

## 2) Other Programs Available:

- a. English as a Second Language (ESL)
- **b.** General Educational Development (GED)
- **c.** Compensatory Education (CED)
- d. Human Resources Development (HRD)
- e. Basic Skills Resource Centers
- f. Correspondence Courses.
- **b.** Registration procedures. All students must register at the Assessment Center, Room 205 in the Continuing Education Building at Fayetteville Technical Community College. Please call (910) 678-8483 or 678-8465 for more information.
- **c. FTCC on TV.** FTCC does a presentation every month, which airs on Cablevision Channel 7 on Wednesday nights, 7:30 p.m. The purpose of this show (hosted by Linda Robotham) is to inform the community about all of our programs, our personnel, and students who have benefited from attending this institution. It is also an invitation to all who can benefit from our programs to join us and improve their lives. The show is entitled **EDUCATION AND YOU: See What FTCC can do for You.**
- **d. FTCC Campus in Spring Lake**. A large, new state-of-the-art FTCC campus will be opening in Spring Lake very soon. It will be very convenient for people in Fort Bragg and Pope Air Force Base.
- 21. Fort Bragg Tax Center CPT Matthew Scott, (910) 396-TAXX (8299)/1040

E-Mail: scottmc@bragg.army.mil

Web Site: www.bragg.army.mil/18abn/tax.htm

Tax Help Still Available! Because of the large number of deployed troops returning to Fort Bragg after April 15th, the Tax Center is pleased to announce that it will remain open to serve these soldiers, family members, and retirees. From April 21 through May 31, the Tax Center will provide FREE tax return preparation in the basement of Building 2-1133 on the corner of Macomb and Armistead St. Service will be provided on a walkin basis. Hours of operation will be 9:00 a.m. – 4:30 p.m., Monday thru Friday and 1:00 p.m. – 2:30 p.m. on Wednesday. Please help us publicize this very important break from tradition and let your deployed soldiers know that the Tax Center is still here for them when they return!

\*\*22. September Smiles. When America went to war with Iraq, our first thought was of all of the soldiers, particularly those with young families. We, the women of September Smiles, prayed for them, but wanted to do more. You see, our husbands were killed on September 11th in the terrorist attacks on the World Trade Center and we then gave birth alone shortly after. We knew with this war there would be more tragic stories similar to ours - other young widows and widowers, many with children who would never know their fathers or mothers. After our husbands died, we were so blessed by the overwhelming support of our nation that we started September Smiles to honor our husbands, to pay kindness forward by helping others, and to show our gratitude for all the support we've received. September Smiles, an entirely volunteer non-profit organization, offers a gift program to soldiers' wives who have become widowed as a result of the war with Iraq as well as children of those soldiers. Unfortunately we have not been able to locate all of the families fatally impacted by the war to send them gifts and make them aware that we are a central resource for their families, offering practical guidance through the issues that arise out of an unexpected loss. We are writing to ask if you could help us get the word out about our organization. If you could please forward our contact information to widows of soldiers who died in Operation Iragi Freedom or to the guardians of those soldiers' children, we would greatly appreciate it. At the very least, we would love to send them a gift in honor of their hero who has been killed. We hope that we can do more for them. *More* information can be found on our website at www.septembersmiles.com or you may contact Kim Statkevicus at (203) 866-3240 or by e-mail at SeptemberSmiles @att.net.